7 MINUTE Safety Trainer

Contractor Safety

Contractor Safety Checklist

- ❏ Plan jobs before starting them.
- ❏ Determine what could go wrong with a task—and how to prevent it.
- ❏ Check that all tools and equipment are functioning properly before use.
- ❏ Be continually alert to safety hazards.
- ❏ Correct or report any safety hazard immediately.
- ❏ Keep area clean and neat, and practice good hygiene.
- ❏ Read container label and safety data sheet (SDS) before handling a chemical—and follow stated precautions.
- ❏ Operate machines only when guards are in place and only if authorized.
- ❏ Follow lockout/tagout procedures for machine repair or maintenance.
- ❏ Use personal protective equipment (PPE) whenever required, and inspect it to ensure it is in good condition before each use.
- ❏ Select the right tool for the job, and follow safety rules and manufacturer's instructions for their use.
- ❏ Don't fool around or cut corners on the job.
- ❏ Keep your mind focused on your work and avoid distractions.
- ❏ Report accidents, injuries, illnesses, exposure to hazardous substances, or near misses immediately.
- ❏ Respond quickly to emergency alarms, and follow your assigned evacuation route.
- ❏ Ask questions whenever you're unsure about a hazard or safety procedure.