



Safety Trainer **Hand Protection—Selecting the Right Glove**

Make the Most of Your Hand Protection

Make sure you select the right glove for the hazard you face. Protective gloves fall into the following general categories:

- **Fabric or coated fabric gloves** protect hands from dirt and abrasions, and fabric gloves coated with plastic help prevent objects from slipping out of your hands.
- **Leather and canvas gloves** protect your hands from minor cuts, scrapes, splinters, and burns.
- **Metal mesh Kevlar® gloves** protect against cuts and punctures from sharp objects such as knives.
- **Aluminized and aramid fiber gloves** protect against extreme temperatures.
- **Chemical-resistant gloves** protect against chemical hazards.
- **Insulated rubber gloves** help protect against electrical shock.

Follow these simple rules when using gloves to provide maximum protection:

- Select the right type of glove for the hazard.
- Make sure the gloves fit your hands properly.
- Inspect gloves before each use for damage, and replace them if they have tears, holes, or other minor defects.
- Make sure gloves are the right length for the job.
- Do not use fabric or leather gloves on liquid chemicals because the material will soak up the chemical.
- Remove gloves contaminated with hazardous substances safely, and dispose of them as directed.
- Clean reusable gloves regularly.

