

Date: \_\_\_\_\_

Workplace: \_\_\_\_\_

Completed by: \_\_\_\_\_



# Hand Protection

YES NO

## HAZARD IDENTIFICATION

Have you considered common hand hazards, such as:

- Point of operation on machines, which can crush, cut, or amputate fingers and hands?  YES  NO
- Power train on machines, which can catch, crush, mangle, or break fingers and hands?  YES  NO
- Power tools, which if handled carelessly can cause serious injuries?  YES  NO
- Hand tools, which can cause cuts, puncture wounds, etc.?  YES  NO
- Chemicals, which can burn or irritate the skin and, if absorbed through the skin, can cause serious illness?  YES  NO
- Molten metals, which can splash, causing serious burns?  YES  NO
- Hot surfaces on machines, which can cause burns?  YES  NO
- Rough materials, which can scrape the skin and cause infections?  YES  NO
- Sharp edges and broken glass, which can cause serious cuts?  YES  NO
- Pointed objects, such as nails and splinters, which can cause puncture wounds?  YES  NO
- Pinch points, which can catch hands and fingers and crush, break, or amputate them?  YES  NO
- Heavy materials, which can crush fingers and hands?  YES  NO
- Repetitive motions, which can cause musculoskeletal disorders?  YES  NO
- Excessive vibration from tools and equipment, which can cause musculoskeletal disorders?  YES  NO
- Exposure to extreme cold, which can result in disabling hand injuries?  YES  NO

Have you examined all jobs, processes, work areas, etc., to determine the presence of these and other hand hazards?  YES  NO

Is appropriate corrective action taken immediately when a hand hazard is discovered?  YES  NO

Are employees made aware of hand hazards in their jobs and work areas?  YES  NO

Are workers trained in methods for avoiding these hazards and preventing injury to hands and fingers?  YES  NO

Are employees encouraged to report problems that might lead to hand injuries?  YES  NO

Do you respond promptly to employee reports and investigate the problem carefully?  YES  NO

Do you seek employee input concerning ways to minimize the risks of hand hazards?  YES  NO

### SAFE WORK PRACTICES

Are employees instructed to always be conscious of where their hands are when they are working?	<input type="checkbox"/>	<input type="checkbox"/>
Are they thoroughly familiar with safety rules and procedures associated with hand safety?	<input type="checkbox"/>	<input type="checkbox"/>
Are all employees trained in the basics of machine safety?	<input type="checkbox"/>	<input type="checkbox"/>
Are machine operators fully trained in safe operating procedures for their machines, including the use of safety devices, guards, etc.?	<input type="checkbox"/>	<input type="checkbox"/>
Are employees instructed in the safe use of power tools?	<input type="checkbox"/>	<input type="checkbox"/>
Are they taught to always use the right tool for the job?	<input type="checkbox"/>	<input type="checkbox"/>
Are employees taught to work safely with hazardous chemicals and hot materials that can burn fingers and hands?	<input type="checkbox"/>	<input type="checkbox"/>
Are employees whose jobs require them to perform repetitive motions taught to rotate tasks and take scheduled breaks to rest and stretch their hands and wrists?	<input type="checkbox"/>	<input type="checkbox"/>
Are employees who are prone to musculoskeletal disorders because of their work taught to perform appropriate hand, finger, and wrist exercises to help avoid injury?	<input type="checkbox"/>	<input type="checkbox"/>
Are employees instructed to report all hand injuries and seek appropriate first aid or medical treatment right away?	<input type="checkbox"/>	<input type="checkbox"/>

### PPE

Are employees provided with appropriate PPE to protect their hands on the job?	<input type="checkbox"/>	<input type="checkbox"/>
Are they trained in proper selection and use of PPE?	<input type="checkbox"/>	<input type="checkbox"/>
When it comes to selecting appropriate gloves for the job, are employees advised to use:		
– Cotton or other fabric gloves for handling slippery objects?	<input type="checkbox"/>	<input type="checkbox"/>
– Leather or lined gloves to protect against hot or rough surfaces?	<input type="checkbox"/>	<input type="checkbox"/>
– Rubber, vinyl, neoprene, or nitrile to protect against chemicals (the appropriate choice depending on the particular chemical, which means consulting the safety data sheet (SDS) for the chemical)?	<input type="checkbox"/>	<input type="checkbox"/>
– Special cut-resistant gloves for sharp objects?	<input type="checkbox"/>	<input type="checkbox"/>
– Insulated liners when working around electricity?	<input type="checkbox"/>	<input type="checkbox"/>
– Aluminized fabric when faced with intense heat?	<input type="checkbox"/>	<input type="checkbox"/>
Are employees told not to use gloves when working on machinery?	<input type="checkbox"/>	<input type="checkbox"/>
Are they instructed to inspect PPE regularly for signs of wear and replace worn equipment right away?	<input type="checkbox"/>	<input type="checkbox"/>
Does the system for exchanging worn PPE for new equipment operate efficiently, so that no employee ever goes without proper hand protection?	<input type="checkbox"/>	<input type="checkbox"/>
Do supervisors and managers monitor workers to make sure that the right hand protection is being used and being used properly	<input type="checkbox"/>	<input type="checkbox"/>

### MACHINE GUARDING

Are all machines in your facility properly guarded according to the requirements of the OSHA regulations?	<input type="checkbox"/>	<input type="checkbox"/>
Are guards checked daily before equipment is operated to make sure they are in good working condition?	<input type="checkbox"/>	<input type="checkbox"/>
Are machine guards routinely maintained and repaired?	<input type="checkbox"/>	<input type="checkbox"/>
Have employees been instructed never to use a machine when a guard is not operating correctly, but instead report it immediately and make sure no one else uses it?	<input type="checkbox"/>	<input type="checkbox"/>